

Help sheet - Covid-19

We are eternally grateful to Aly Akroyd & Jenny Bush who are co-ordinating the community response to the Coronavirus Outbreak. Aly and Jenny are both Parish Councillors and Aly is also our Village agent.

Every home should have received this flyer and if you didn't see it, or you threw it away by mistake – here it is again for you!

Hello!

If you are self-isolating, ill or unable to get out and about, our group of Clutton and Temple Cloud village volunteers can help.

Picking up shopping	Collecting prescriptions
A friendly phone call	Something else?

If you need a bit of help ring Aly Akroyd on

07825 199372

She has the list of volunteers and will sort it out.

Corona virus is contagious. We should take every precaution we are spreading only kindness. Avoid physical contact and wash your hands regularly and thoroughly. Items should be left on your doorstep.

Compassionate Communities Helpline

If you need more support than our volunteers can offer, please call Compassionate Communities Hub 0300 247 0050

Government Shielding Food Parcels

If you or someone you know received a letter to say that you should be staying at home for 12 weeks due to underlying health issues, you are entitled to receive a government food parcel however you must register on <https://www.gov.uk/coronavirus-extremely-vulnerable> in order to receive one.

Volunteers

Thankyou also to the many people who have put themselves forward to volunteer to help with delivering and support for others. Aly has a long list of contacts and is grateful to you all – she has apologised that she hasn't yet contacted everyone on the list, but she will be in touch as and when things get busier.

Advice

For the most up to date advice please follow these links:

[Coronavirus \(COVID-19\) | Bath and North East Somerset Council](https://beta.bathnes.gov.uk/coronavirus)<https://beta.bathnes.gov.uk/coronavirus>

[NHS 111 Online - About coronavirus \(COVID-19\)](https://111.nhs.uk/covid-19)<https://111.nhs.uk/covid-19>

[Coronavirus \(COVID-19\): what you need to do - GOV.UK](https://www.gov.uk/coronavirus)<https://www.gov.uk/coronavirus>

If you are on facebook – please like Clutton PC facebook page to receive useful updates

Local Services for residents

We are compiling a list of services available for Clutton Residents – Please let us know on clerk@clutton.org.uk if you know of anyone we can add to this list. It will on the website and we can keep adding any information you think would be useful.

Spar Appleyard Stores -Groceries, collect or home deliver.

Telephone orders to Michelle Appleyard on 01761 470495, 07900 077594 or email michelle_appleyard@outlook.com. They are well stocked and receiving new deliveries every day. Contact Michelle with your order – they will take payment over the phone and then arrange for village volunteers to collect & deliver.

The Railway Inn , Clutton - Takeaways(food & alcohol) -01761 452 444

www.therailwayinnclutton.co.uk

Cam Valley Foods [Meat & Cheese Supplier, Hallatrow](http://www.camvalleyfoods.co.uk) Saturday sales van in the Railway Inn carpark. www.camvalleyfoods.co.uk

Rachael Branch (Cam Valley Foods) has said she will be in the Railway Inn carpark Saturdays 1.00-2.00pm. If people can pre-order via her website it would be best but she will also sell straight off the van.

Prime Bacon 2.25kg (approx. 40 rashers) - £10.50
Smoked Bacon 2.25kg (approx. 40 rashers) – £11.50
(2.25kg Streaky available)
Devon Ham – 2.5kg-3kg - £10 per kilo
(Pre packs available – 3 sliced £2.00 or 1kg packs -£10)
Salted & Unsalted Butter – 250g - £2.00
Greenacre Free Range Eggs - half dozen £2.50 or £4.50 per tray
Cheddar:
Haystack Tasty – 2.5kg - £15.00
Lye Cross Mature – 2.5kg - £15.50
Lye Cross Extra Mature – 2.25kg - £16.00

Venison Burgers - £5 for pack of 4 ** limited stock

Please if possible bring your own bags and the correct change

New Manor Farm Shop

Offer a free delivery service for orders over £25 within a 5 mile radius.

Go to www.chewvalleydiary.co.uk

TP Pork and Poultry

Lots of great tasting, outdoor reared, free range post & Chicken – Pork Sausages, Large frozen whole chickens, Pork Chops, Pork Shoulder & Loins, Free range eggs. Free local delivery.

To order and for prices message or call 07504 556340

Estate Dairy

Doorstep delivery of 2 litres: Pasteurised, Full Fat, semi-skimmed, or skimmed milk – delivered to your door within a 5 mile radius of Temple Cloud.

theestatedairydoorstep@gmail.com

Foodbank

There is a Foodbank for those who need it , [Somer Valley Foodbank - The Trussell Trust](https://www.trusselltrust.org/get-help/find-a-foodbank/somer-valley-foodbank/) .

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Please consider buying just one extra item when they go shopping and putting it in the collection bin, usually in the supermarket entrance. The items they need the most are:

Food stuffs

Cereals
Soup
Pasta
Rice
Tinned tomatoes/pasta sauce
Lentils, beans and pulses
Tinned meat
Tinned vegetables
Tea/coffee
Tinned fruit
Biscuits
UHT milk
Fruit juice

Non-food items

Pet food (tinned or dried)
Toiletries (toilet paper, shower gel, toothpaste, toothbrushes, shampoo, soap, shaving cream)
Household items (laundry powder or liquid detergent, washing up liquid)
Feminine products (sanitary towels, tampons)
Baby supplies (nappies, baby wipes, baby food)

Transport

Follow government guidelines for essential travel, but if you do have to use public transport, check the reduced timetables here:

<https://travelwest.info/bus/timetables-and-journey-planning>

Play Park

The Play Park is now closed until further notice, per government instructions.

Safety checks will not be carried out during this period.

The risk is not just due to the risk of meeting up with others at the park, but the virus could also be passed on through the metal & plastic play equipment.

Please respect the closure.

Dog Bins

The Dog bins have been sealed as our contractor has been prevented from taking the waste to landfill. Please pick up your dog poo and take it home.